

Advanced Dinghy Cruiser Training Course

Skeleton Timetable

Note that some shore sessions may overrun

Friday

Shore sessions

0900	Welcome & Introduction Note on local hazards Features of boat set up for cruising (<i>A Capella</i> and/or <i>Frustration</i>) Masthead buoyancy Tiller brakes (including Hungerford system) Alternative propulsion Reefing demonstration Set-up Topping lift Genoa reefing systems Sail ties Rig tweaking as required	} Note that this session may well overrun
1015	Coffee break	
1030-1200	Classroom: Some Basics Anchoring Mooring (first part) Man Overboard (first part)	
1200-1230	Change, & rig boats	

Afloat session

1230	Launch boats (take packed lunch afloat) Reefing practice Anchor for lunch Picking up moorings / coming alongside Man Overboard drill More reefing practice
1600	Come ashore De-rig

Classroom

1630-1800	Man Overboard (second part) Mooring & Docking (second part) Communications & Distress Signals Lee Shores Some Single-handing Tips
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Saturday

Shore sessions

- 0900 Classroom:
Demonstrate:
Chart types, NP5011, Reeds, tidal stream atlases, pilot books,
chartplotters on phone and tablet, chart cases, aquapack etc.,
hand bearing compass, chart tools
Passage planning
Wind over tide
Introduce and show: Cruising Log Trophy
- 1030 Coffee break
- 1045-1145 Classroom:
Colregs 1
Lights & Buoyage
- 1145 Lunch break
- 1230 Change, & rig boats

Afloat session

- 1300 Launch boats
Use of transits
Sailing under main alone
Sailing under genoa alone
 - Use of reefing line to control speed of approach to beach, jetty, etc.
 - Particularly useful technique at LSC! ...Heaving-to
More reefing practice
- 1600 Come ashore
De-rig

Classroom

- 1700-1800 Classroom
Lights & Shapes
Where To Cruise
- 1800 Barbecue (Free to course participants, but pay for your own drinks (licensed bar open). Club Members also invited)

Sunday

Shore sessions

- 0900 Classroom:
Tide prediction
Charts – “map-reading” skills
Keeping up the position
Mooring alongside pontoon, quay, etc.
- 1030 Coffee break
- 1045-1200 Classroom:
Colregs 2 (If time permits)
Safety (ditto)
Show Blizzard Survival Pack
Briefing (navigational, and local points of interest) for cruise
- 1230 Change, & rig boats

Afloat session

- 1300 Launch boats (take packed lunch afloat)
Upriver cruise.
Club members also invited, but course participants have priority for launching
- 1700 ?? Come ashore (actual timing will depend on how long the sail back takes us)
De-rig, and depart at individual convenience